



U.S. OLYMPIC TRAINING CENTER Resident Athlete Application

The primary objective of the Resident Athlete Program at the Olympic Training Centers is to provide an appropriate and encouraging environment for the athletic and personal development of Olympic and Paralympic athletes. The initial qualification standards, as well as the program requirements and expectations are provided below. Residents will be evaluated on the information submitted as well as their performance.

Resident Program Qualifications and Standards:

- NGBs that compete in the Olympic and Paralympic Games are eligible for resident athlete programs. Unless special circumstances are cited, resident programs will be awarded at one training center only.
- Resident programs are generally submitted for those training programs that are longer than 6 months in duration. Programs shorter than 6 months in duration should be submitted on a short-term program request form. Once approved, each NGB will be notified as to the status of their request and the number of resident spaces awarded. Resident programs will be reviewed twice each year.
- A complete individual application must then be submitted and approved for each new and renewing athlete requesting resident status. All athlete applications will be reviewed twice a year. Individual athlete applications should be submitted to the Operations Department at the training center where each athlete will train no later than two (2) weeks prior to their planned arrival.
- Resident athletes must be at least 16 years of age; current United States citizens; and be eligible to represent the U.S. in the Olympic or Paralympic Games in his/her sport. Applicants accepted into residency must be endorsed by their NGB as having strong potential for participation in future Olympic Games.
- Athletes endorsed by their NGB for acceptance must meet the current USOC/NGB performance criteria. Only those athletes showing continued improvement towards international success and the high probability of becoming an Olympian will be accepted.
- Each athlete must demonstrate progress in training and competition, including reaching performance measurements established by the athlete and their coach(es) for the year. *Progress in international standings will be a consideration in evaluating both program and individual resident athlete applications and renewals.* Coaches will report each athlete's progress and specific performance standards twice each year.
- Athletes are expected to have a Personal Development Plan (PDP) for their year of residency. Personal Development Plans may consist of components from education, employment or other areas of interest to the athlete as well as participating in community service opportunities. *Each athlete is responsible for checking with their individual training center for PDP requirements at their site.*
- Applicants of high school age must be enrolled in high school. At the time of application, athletes must possess, and continue to maintain a 2.7 grade point average. Athletes who plan to take college courses must possess and maintain a 2.0 GPA. Grade reports are to be submitted with applications and PDP semi-annual reports.
- All new applicants will be placed on a 90-day probation period. After 60 days the resident coach will be asked to review the athlete's progress and initiation into the program. This is designed to allow both the coach and the athlete to determine if the athlete has the potential to be successful, both in training and socially, within the structure of the current NGB resident program.
- All NGB resident programs are required to provide a dorm liaison for programs with athletes living in the dorms. This person may not be a resident athlete.

- Each athlete member of a resident program must complete a health profile as soon as possible following their arrival with USOC Sports Medicine. The scheduling of the health profile will be coordinated by Sports Medicine with consideration for training and competitive obligations and health provider availability. The health profile includes a thorough medical history and comprehensive physical examination.

Letter of Intent

It is important to carefully read this entire document before signing. It establishes a commitment between you, your National Governing Body (NGB), the United States Olympic Committee (USOC), and the Olympic Training Center (OTC).

1. By signing this Letter of Intent, I understand that I will be agreeing to participate in the United States Olympic Committee's Resident Program at the Olympic Training Center, made available by funding from the USOC. To receive this privilege, I agree to:
 - Commit myself to a program of training with the intent of qualifying for and competing in the Olympic and/or Paralympic Games. I realize that satisfactory progress in my performance is a requirement for continued resident status;
 - Place myself under the guidance and authority of my NGB resident coach and a program of training and competition approved by my NGB;
 - Subject myself to drug testing, including no advanced notice, short-notice and/or out of competition basis, conducted by WADA, USADA, the USOC, OTC, my NGB, or the International Olympic Committee (IOC), in accordance with the procedures of those bodies;
 - Participate in evaluation and testing programs as may be conducted by the USOC or my NGB; this includes a physical examination by Sports Medicine to establish a medical history;
 - Abide by the Code of Conduct and rules established by the USOC and my NGB for my participation in the Resident Program and show respect for USOC/NGB property and personnel;
 - Abide by the terms and conditions of OTC Residency as may be determined by the USOC and my NGB, including a Personal Development Plan and participation in Community Service projects.
 - Accept and defer to the authority of my NGB, its International Federation (IF), the USOC, the IOC, and any properly constituted adjudicatory body, for any and all matters relating to my participation in programs, activities and events of my NGB, its IF, the USOC, the IOC, including all hearing procedures and appeal procedures established by those bodies.
 - As a high school age athlete, I will enroll in a local high school. I understand at the time of application, I must possess and then maintain a 2.7 grade point average. As a college student, I understand I must possess and maintain a 2.0 grade point average. I will submit grade reports with this application and for each semester I am enrolled in school.
 - Follow established check-in/check-out procedures, maintain an appropriate level of sanitation of USOC property for health reasons, and understand I may be charged for undue wear and/or damages to USOC/OTC property, missing keys/cards, or other USOC/OTC property. In addition, I understand the USOC may require access to my room for health and safety inspections, or for reasons of security.
 - Subject myself to removal from the Resident Program and termination of OTC Residency if I violate any condition herein, or if in the judgement of my NGB or the USOC, any of my actions impact negatively on the reputation of the USOC, my NGB or the Resident Program. Failure to abide by any of these guidelines is grounds for loss of privileges, sanctions and/or removal from the resident program by my NGB and/or the USOC and all further USOC resources and facilities;

ATHLETE ACCEPTANCE OF TERMS AND CONDITIONS OF LETTER OF INTENT

I certify that I have read all terms and conditions of the Letter of Intent, and fully understand, accept, and agree to be bound by them. I declare to the best of my knowledge and belief, that all statements and information provided by me in this application are complete and true. It is my intent to participate fully in the programs offered at the OTC in order to do the best I can to realize my full potential, as an athlete and a student, employee, and/or volunteer.

I understand that I have qualified for this support based on a program approved by my NGB and the USOC for a period of one year. I understand that if I do not meet the standards established and agreed to by me in this application and NGB Performance Recommendation, I may be released from the Resident Program within the one-year period. In order to qualify for support in future years, I will have to demonstrate progress toward the goal of excellence in international competition according to the standards established by my NGB. If attending an educational institution, I will also have to demonstrate satisfactory progress in my course of study as determined by the public schools or the college/university I attend, according to my educational PDP for the year. I understand that I am representing the USOC and my NGB in the community and at any service agency where I may volunteer.

I am a current member in good standing of my National Governing Body.

PRINT NAME _____ SIGNATURE _____ DATE _____

SIGNATURE _____ DATE _____

PARENT / GUARDIAN if under 18 Years of Age

